



INSTITUTI I KËRKIMIT DHE ZHVILLIMIT BARLETI



VIA DINARICA

Via Dinarica is a mega trail (about 1930 km) that connects Western Balkan countries from Slovenia to Albania (Slovenia, Croatia, Bosnia Hercegovina, Montenegro, Albania) recently and Kosovo and North Macedonia. It includes three trails: White Trail, Blue Trail and Green Trail. White Trail is the main trail that follows the natural flow of the highest peaks of the Dinaric Alps. It includes the highest peaks in each respective country. Although there are various activities along this head trail, such as mountain biking and rafting, its main function is as a hiking trail, etc. It is 1260, 8 km long and the duration of walking is approximately 528 hours and 27 min. The highest peak of this trail is Maja e Jezercës (2694 m) in Albania, while the lowest peak is Predjama system (188 m) in Slovenia. About 51,8 km of this trail are climbing and 51,7 km are descent. This trail has high level of difficulty, because of being slope and requests a high resistance. The best period of the year to follow this trail is from May to November, because of the absence of snow. The Blue Trail veers towards the coastline and the clear waters of the Adriatic Sea.

The mountains may be smaller in this part but no less attractive and challenging. It includes some of the best coastal and hinterland hiking in Europe, always accompanied by the fresh smell of medicinal herbs and the breeze of the Mediterranean. The Green Trail is exactly as a green carpet. It goes through conifer forest that meander through some of the lower mountains of the Dinaric Alps. The Green Trail is made for two-wheeled trailblazers with hundreds of kilometres of well-maintained bike trails. Hiking and walking, coupled with the rich wildlife of this eastern front, make it a great option for soft adventure. Green and Blue Trail are still under development. Activities here include

world-class hiking, cycling, skiing, kayaking, rafting, and nearly anything else you can imagine on both land and water. When the day is done and the equipment put away, there is an option for rural tourism in this region as well. It is unique for its traditional lifestyle and cuisine. The final goal of Via Dinarica was, and is, to make connections between cities and rural communities in the region, raise awareness about good business practices and environmental protection, and to assist a blossoming tourism offer across the Peninsula, which relies on nature, traditional products, and its unique cultural heritage.



Regional Cooperation Council

Provided by the RCC Tourism Development and Promotion Project's Grant Programme



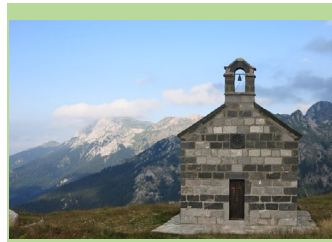
This project is funded by the European Union

VIA DINARICA IN ALBANIA

Albanian Alps are the highest peak of White Trail Via Dinarica. Albanian Alps have many glacial and karstic landforms such as glacial cirques and lakes, making the area very attractive for the hikers and climbers. The high mountain peaks, mountain passes, and river Valleys are ideal for hiking and exploring the beauty of the alpine landscape. Blloku i Jezercës is the highest part of Albanian Alps. The surrounding peaks are more than 2000 m high such as Maja Kokërdhok-Maja e Etheve, Maja e Jezercës, Maja e Ragamit, Maja e Valit, Maja e Radohinës (2570 m), Maja e Shnikut (2554 m), Maja e Prozhmit (2452 m), Maja e Langojve (2446 m), Maja e Liqenit (2450 m), Maja e Hekurave (2561 m), Maja e Dhive (2332 m). The highest peaks are intertwined with deep valleys such as Vermoshi Valley, Cemi Valley, Kiri Valley, Thethi Valley, Valbona Valley, Nikaj-Mërturit, Dobërdolit, etc.

TOURS

The Komovi-Vermosh trail is part of Via Dinarica with a length of 32.5 km. About 10.5 km of this trail lies in Albanian part (from National Border to Vermoshi village) and can be permeated for a duration of 4 hours. Passing along, the route goes from heights of 1400 m then goes down to the valley of Vermoshi heights of 1100 meters above sea level. The landscape is very attractive, the slopes have significant decline and are covered with beech and fir forests and alpine pastures. The accommodation provided in Vermoshi village, small guesthouses, a village with few inhabitants, but rich in cultural heritage (food, tradition, etc). Some of activities in this area are hiking in Malësia e Marlulës, walking across deep valleys (such as Cemi and Lëpusha valley), skiing, biking, fishing, etc.



First day - Komovi (Montenegro) to Vermosh



1. Vermosh - Pojanic - Vermosh

It's a very interesting trail, with a length of 24 km, with 1,1 km of ascent and 1 km descent. This trail takes about 12 hours hiking and it is classified as difficult. Trail passes through a very beautiful landscape and offers some opportunities for various activities such as skiing, biking, etc.

2. Vermosh - Gusinje

The trail Vermosh-Gusinje goes through the beautiful Valley of Vermosh (950-1100 m elevation). It is 7 km long within the border of Albania and 5, 8 km in Montenegro.

3. Vermosh - Lëpushë

Vermosh - Lëpushë - Theth is an alternative trail with a length of 31.5 km and take about 14 hours walking. It has a high difficulty degree to climbing and decent are 5 km. The route goes during height peaks from 1800-2000 m elevation.

Third day (2 opportunities)

1. Vermosh - Lëpushë - Theth

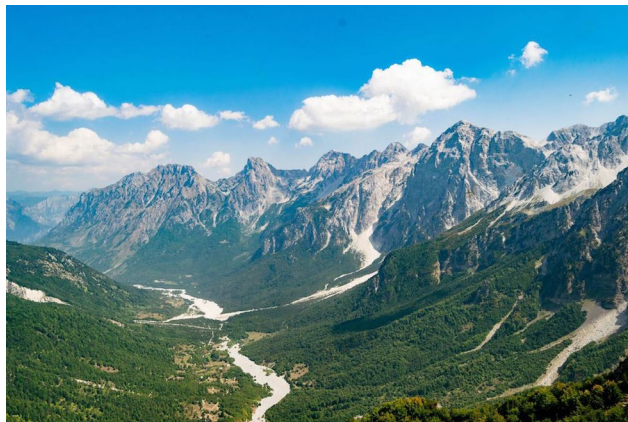
Vermosh - Lëpushë - Theth is an alternative trail with a length of 31.5 km and take about 14 hours walking. It has a high difficulty degree to climbing and decent are 5 km. The route goes during height peaks from 1800-2000 m elevation and falls down in beautiful valley of Thethi.

2. Gusinje - Liqeni Buni i Jezercës - Maja e Jezercës -Theth

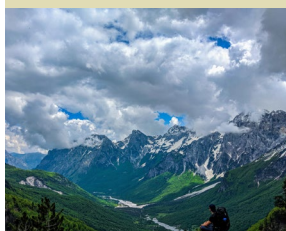
This trail has a length of about 31 km, 17 km of which, lies in Albanian part and takes 7 hours walking. Across this trail, there are 2.4 km of ascent and 2.5 km are decent. This route is very interesting and attractive and goes across 1800 m until 2694 m (the highest peak of Via Dinarica). The route passes through beautiful glacial lake of Jezerca (Lake of Buni i Jezercës), climbing over height peaks of Albanian Alps (until Maja e Jezercës, 2694 m), decent in Qafa e Pejës (1700 m), where we can stay and enjoy the landscape. The last downhill part of the ride will bring us to a nice guesthouse in the village where we will stay overnight and enjoy a tasty homemade meal. Thethi has many typical stone houses, roofed with wooden tiles and the location surrounded by mountains is truly spectacular. In Thethi village we can visit the attractions in and around the village, such as the stone-build Catholic Church, the blood feud tower 'Kulla e Ngujimit', the waterfall, the Grunasi Canyon, and the 2007 revelation: cyclopean stone walled terraces dating from the late bronze era, build by mysterious ancient inhabitants. As an option, we could also extend the walk until the Nderlysa turquoise pools, created by the Kaprea creek. At the end of the day, we will return for dinner and overnight at the guesthouse in Theth.



This trail is perhaps the best-known highlight of the Albanian Alps and it remains the only direct connection between the adjacent valleys of Valbona and Thethi. It is 14.5 km length, where 1.18 km must be climbed and 1.2 km of descent and takes about 7-8 hours walking/hiking. The route starts from Thethi village (745 m height), climbing in Qafa e Valbonës (1759 m) and descent in Valbona Valley in 900-1000 m height. The path winds through beech woods and further to grassy meadows for than continuing on firm ground and small sections of scree on the higher parts. On a clear day, from the saddle, we can enjoy great views of the highest peaks of the Alps like Jezerca, Radohima and many others, above 2000m of height. The path continues downhill in a stunning and rough landscape towards the meadows and the Valbona springs. A forest trail will then lead to the hamlet of Rrogam, located at the very end of the valley. At the end of the valley, we find the hamlet of Rrogam and a dry riverbed trail that will lead us to our guesthouse in the heart of Valbona Valley.



Fourth day - Theth - Valbonë (The Valbona Pass)



WHITE TRAIL

White Trail is the main trail that follows the natural flow of the highest peaks of the Dinaric Alps. It includes the highest peaks in each respective countries. Although there are various activities along this head trail, such as mountain biking and rafting, it's main function is as a hiking trail, etc. It is 1260, 8 km long and the duration of walking is approximately 528 hours and 27 min. Via Dinarica, White Trail in Albania is 107.5 km long and lasts 43 hours. The highest peak of this trail is Maja e Jezercës (2694 m) in Albania, while the lowest peak is Predjama system (188 m) in Slovenia. About 51, 8 km of this trail are climbing (4.6 km are in Albania part) 51, 7 km are descent (4 km in Albania part). This trail has high level of difficulty, because of being slope and requests a high resistance. The best period of the year to follow this trail is from May to November, because of the absence of snow.

BLUE TRAIL

The Blue Trail veers towards the coast-line and the clear waters of the Adriatic Sea. The mountains may be smaller in this part but no less attractive and challenging. It includes some of the best coastal and hinterland hiking in Europe, always accompanied by the fresh smell of medicinal herbs and the breeze of the Mediterranean.



GREEN TRAIL

The Green Trail is exactly as a green carpet. It goes through some of the lower mountains of the Dinaric Alps. The Green Trail is made for two-wheeled trailblazers with hundreds of kilometres of well-maintained bike trails. Hiking and walking, coupled with the rich wildlife of this eastern front, make it a great option for soft adventure.



ROUTES

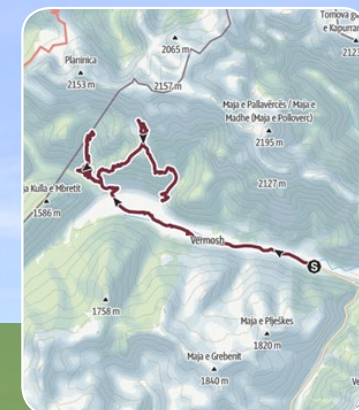
Route 1 - Theth to Valbona General Information

Distance	20 km
Duration	8:05 h
Ascent	1187 m
Descent	1215 m
Difficulty	
Highest point	
Lowest point	
Best time of year	



Route 2 - Vermosh - Pojanic - Vermosh General Information

Distance	23.9 km
Duration	11:55 h
Ascent	1161 m
Descent	1059 m



ACCOMMODATION

Route	Vermosh-Pojanic-Vermosh
Name	Guesthouse Frati
Village	Vermosh
Phone	+355 69 225 0681
Website	http://guesthouse-frati.com





Route Name | Vermosh-Pojanic-Vermosh
 Village | Bujtina "KAFFE NATYRA"
 Phone | +382 69526118
 Website | <http://www.kelmend-shkrel.com>

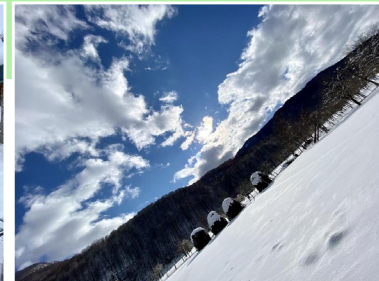


Route Name | Vermosh-Pojanic-Vermosh
 Village | Guesthouse Peraj
 Phone | +355 66 666 9022
 Website | <https://www.facebook.com/zef.peraj@live.com>
 Email |



Photo

Photo



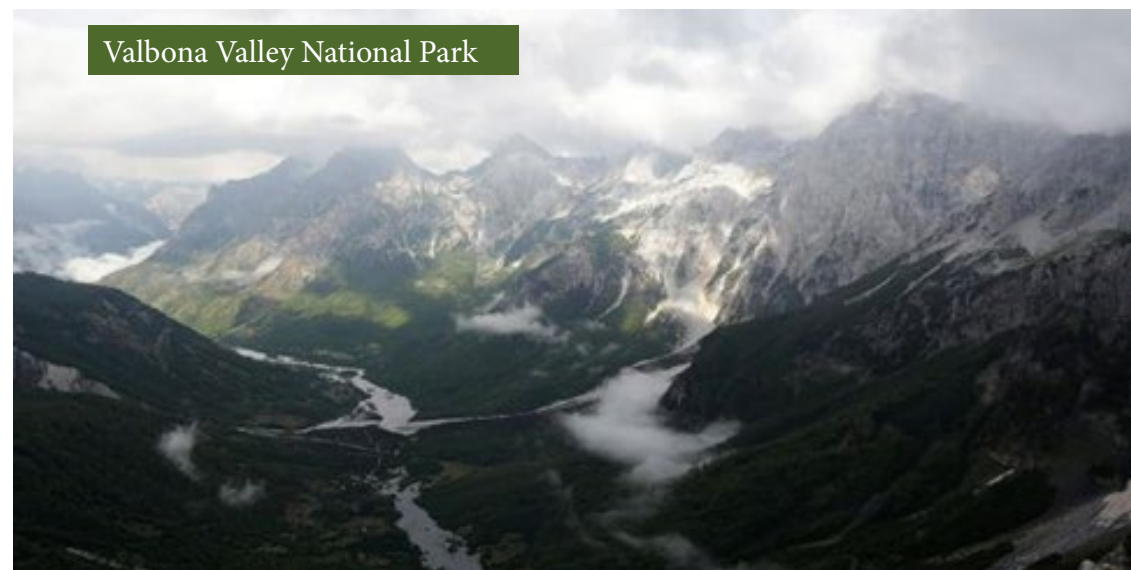
SIGHTS

Through Route:

Simoni Caffè



Valbona Valley National Park



Maja e Jezercës



Through Route:

Vermosh-Pojanic-Vermosh



Water gutter splint thing



Pojanic Water





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